

California Waterman & Waterwoman Championships 2010

Events Open To All!

Saturday, July 17

- 8:00 am Event 1 Biathlon (1k swim, 5K Run)
- 8:30 am Event 2 10k Distance Paddleboard (unlimited & stock 12) or Surfski/Ocean Kayak or Stand-up Paddleboard (SUP) race
- 10:15 am Event 3 Dash - For - Cash (swim)
- 11:00 am Event 4 National Doryman Assoc. 3 Lap Race #1
- 11:45 pm Event 5 2k Surf Ski/Ocean Kayak Race
- 12:30 pm Event 6 1.5K Sprint Paddleboard Race (10' 6")
- 1:15 pm Event 7 International Ironman & Ironwoman
- 2:00 pm Event 8 NDA Three Lap Race #2
- 3:00 pm Event 9 Stand-Up (SUP) Paddleboard Sprint(12' 6")
- 3:30 pm Event 10 SUP Surf Relay (12' 6")
- 4:00 pm Event 11 American Ironman

Sunday, July 18

- 9:00 am Event 12 5k Beach Run/Walk
- 10:00am Event 13 SUP 3.5 Mile Race (12'6, 14' & UL)
- 12:15 pm Event 14 One Mile Ocean Swim
- 1:15 pm Event 15 San Clemente Waterman/Waterwoman (Swim-Run-SUP)
- 2:00 pm Event 16 400MRun-400MSwim400MRun
- 3:00 pm Event 17 Splash & Dash

\$5,000 In Prize Money On Saturday!



The San Clemente Ocean Festival is a non-profit organization in partnership with the City of San Clemente. Proceeds from the San Clemente Ocean Festival help fund many worthy organizations, within the community and surrounding area. Scholarships are also provided annually to local high schools.

Awards/Prizes: Saturday - \$5,000 total cash purse for men and women. Prize money awarded to overall point scorers. Sunday - Custom medals awarded to top 3 finishers in each age group. Sponsor prizes to be awarded both days.

Category/Age-groups: Open competition for men & women of all age-groups. Age on day of event determines your category/age-group. **Saturday July 17:** Junior(18 & under), Open, Senior (40 and over). **Sunday July 18:** 14 & under, 15-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over. Biathlon and 5k Beach Run: Clydesdale category available (men over 200 lbs., women over 160 lbs.).

Rules: Specific event rules will be posted. No wetsuits allowed in swim events.

Entry Fees per person: Adult (16 & older)- \$40/1 day or \$70/both days. Youngster (15 & younger) -\$25/1 day or \$40/both days. **5K ONLY \$25** for all ages. Register on-line thru **ACTIVE.COM** or **mail your registration** form and check to: San Clemente Ocean Festival • P.O. Box 1373, San Clemente, CA 92674 by July 10 or you can **register on event day**. Enter as many events as you want. Entry includes competitor's kit and commemorative T-shirt, as well as product samples from our event sponsors.

Race registration begins at 7:00 am daily. For information, call (949) 440-6141 or visit www.oceanfestival.org.

See Information & Event Map in event brochure for directions to the shuttle or the pier.

Registration Form for ATHLETIC Events

All Events Open To Everyone

Name _____ Sex _____ Age (as of 7/17/10) _____ Category _____
 Address _____ City _____ State _____ Zip _____
 Phone _____ Email _____

Circle event number (choose from the list above)

Saturday Event # 1 2 3 4 5 6 7 8 9 10 11
 Sunday Event # 12 13 14 15 16 17

OFFICE USE
<input type="checkbox"/> Paid

Entry Fee enclosed is for Adult (16 & older) - \$40/1 day or \$70 both days \$25 5k Beach Run Only - All Ages
 Child (15 & under) -\$25/1 day or \$40 both days

Saturday, July 17 - \$ _____ Sunday, July 18 - \$ _____ Both Day - \$ _____ Total enclosed \$ _____

Pre-register on ACTIVE.COM or mail your registration form and check to: San Clemente Ocean Festival • P.O. Box 1373, San Clemente, CA 92674 by July 10th or you can

Register event days starting at 7:00 a.m.

SIGN RELEASE ON BACK.

RELEASE OF CLAIMS AGREEMENT

(This is a legally binding agreement, which will bar your ability to sue for injuries you may receive while competing in the San Clemente Ocean Festival. Please read this Agreement carefully and do not sign unless you agree to all of the terms)

Safety Warning And Assumption of Risk

Participants are advised that they should be in good physical condition, because these events may involve strenuous physical activity. Participants are further advised that the San Clemente Ocean Festival events are held in a natural environment, in conditions that are subject to change at any time and without prior warning. Aspects of the environment which may be hazardous include, but are not limited to the following: submerged rocks, inshore holes, sand bars, strong currents, strong wave action, cross currents, rip currents and hazards caused by other competitors. I acknowledge that open ocean competition, such as the events offered during the San Clemente Ocean Festival is an inherently dangerous sport in which I participate at my own risk. There is an inherent risk of serious injury and death in connection with Ocean Festival competition, and I expressly assume the risks for any damages to myself, any other persons or property resulting from my participation in the Ocean Festival Competition.

Release of Liability and Waiver of Claims

For and in consideration of permitting the undersigned participant (in the capacity of competitor, volunteer or spectator) to enroll in and participate in the athletic events and competition organized by The City of San Clemente and The San Clemente Ocean Festival (The "Released Parties") the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of engaging in, receiving instructions regarding said activities and participating in the competition or any activities incidental thereto wherever or however the same may occur and for whatever period said activities or competition activities may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or causes of action, aforesaid, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute, present any claim for personal injury, property damage or wrongful death against The City of San Clemente and The San Clemente Ocean Festival or any of its council members, officers, agents, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, co-participants or otherwise. IT IS THE INTENTION OF THE UNDERSIGNED PARTICIPANT BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF SAN CLEMENTE AND THE SAN CLEMENTE OCEAN FESTIVAL FROM ANY LIABILITY WHATSOEVER FOR ANY PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASED PARTIES.

The Undersigned acknowledges that he/she has read the foregoing paragraph, has been fully and completely advised of the potential dangers incidental to engaging in the activity and competition activities offered by the Released Parties, and is fully aware of the legal consequences of signing the Release of Claims Agreement. I

ACKNOWLEDGE THAT BY SIGNING THIS RELEASE OF CLAIMS AGREEMENT, THAT I AM GIVING UP AND WAIVING THE RIGHT TO PURSUE A CLAIM AND FILE A LAWSUIT AGAINST THE RELEASED PARTIES IF I AM IN WAY INJURED OR KILLED DURING THIS EVENT.

Parental/Guardian Agreement

(This paragraph must be signed by the parent/guardian of any competitor under the age of eighteen (18) and this form must be signed by such parent/guardian)

I/We, the undersigned, do agree on behalf of my/our minor child/ward, to be bound by the terms and conditions of this release form. We hereby waive any and all claims that could be asserted by the minor, including, but not limited to any claims which may arise under the Code of Civil Procedure proving for an action by the parents/guardian of an injured minor. I/we have explained the consequences of this release to the minor and I/We understand that in the event the minor is injured or killed in an Ocean Festival event, I/we will not be able to bring any claim for damages for any injury to or the loss of life of the minor.

Photograph, Film and Video Authorization

In consideration for The City of San Clemente and the San Clemente Ocean Festival allowing me to compete in any and all San Clemente Ocean Festival Events, on behalf of myself, my heirs, assigns and personal representatives, I hereby agree and consent to my likeness being preserved in photographs, film, video or other electronic means. I further agree that my likeness may be used by the City of San Clemente and the San Clemente Ocean Festival, without any payment to me, for any purpose, including, but not limited to: advertising, news media, commercial use and sales.

The undersigned represents that all of the statements set forth herein are true and correct, and I declare under penalty of perjury that I have read and understand each and every part of this Agreement and that I am executing the same of my own free will, and without and coercion by the Released Parties. This Release Agreement is executed this _____ day of _____, 20____, at _____, California.

Participant Signature

Parent/Guardian Signature (if for minor)